

# International Coach Federation (ICF) Continuing Coaching Education

## Which Creative Results courses are approved?

Approved courses will indicate they are approved in the description.

## What is Continuing Coaching Education?

Continuing Coaching Education refers to formal courses and seminars that teach skills or tools directly related to ICF Core Competencies, the personal development of the coach, the development of the coach's practice or other skills or tools that are directly applicable to coaching.

#### What is a CCEU?

A Continuing Coaching Education Unit (CCEU) is 60 minutes of direct educational contact with an instructor.

## How do coaches use CCEUs?

To renew your existing ICF credential. The ICF offers credentials to individual coaches at three levels: ACC, PCC, and MCC. Credentials must be renewed every three years. The CCE requirement for certification renewal is 40 CCEUs over the three-year period. You must earn the CCEUs *after* receiving your credential.

### Can CCEUs be used as "coach-specific training hours"?

Yes, Continuing Coach Education Units can apply toward coach-specific training requirements for an ICF Credential.